

OUTDOOR CLUB of SOUTH JERSEY

TREKKER - SUMMER 2011



Come Join Us!

OCSJ CLUB PICNIC BELLEPLAIN STATE PARK

October 1 - 10 a.m. to 3 p.m.

Open to Everyone! www.ocsj.org

Come out and meet new members,
trip leaders and board members.

***Dogs/Burgers and refreshments provided
at the covered pavilion.***

SOCIALIZE • TAILGATE • HAVE FUN



**Meet at the Picnic Pavilion adjacent to the Lake Parking Lot at Belleplain
State Forest off of Route 550 between Woodbine and Belleplain.**



Celebrating 44 Years of Outdoor Experiences!

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT WWW.OCSJ.ORG
FOR LATEST TRIP INFORMATION.
CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST INFORMATION.**

WWW.OCSJ.ORG



Outdoor Club of South Jersey

AIMS AND OBJECTIVES

The Outdoor Club of South Jersey, Inc., is an organization dedicated to providing opportunities for extending the individual's knowledge, appreciation and enjoyment of his or her environment through experiences in outdoor activities.

The Club offers a twelve month program of activities designed for all ages and levels of ability and interest, and as is feasible with available leadership. The Club is open to all persons regardless of age or place of residence.

BOARD OF TRUSTEES

Officers

Tom Neigel, *President*

609-206-3389

Fran Horn, *Treasurer*

856-786-0048

Bruce Steidel, *Vice President*

609-915-0956

Eloise Williams, *Recording Secretary*

Jean Stelmaszyk, *Membership Secretary*

856-429-9089

ACTIVITY CHAIRPERSONS

Vacant *Chair*, Backpacking/Camping

Tony Marchionne, *Chair*, Bicycling, 609-828-0268

Frank Pearce, *Chair*, Canoeing, 856-767-2780

Eileen Grevé, *Chair*, X-C Skiing/Snowshoeing, 609-204-6451

Scott Eves, *Chair*, Hiking, 609-805-1463

Frank Pearce, *Chair*, Activities Committee, 856-767-2780

TRUSTEES AT LARGE

Bob DiMarco, 856-983-3151

Joe Hummel, 856-235-8817

William Poulson, 856-983-7609

Capt. Larry Walsh, 609-548-9739

Millicent Moore, 856-468-9709

SPECIAL ADVISORS

Vera Stek and Art Baumann, *Publicity*

Kathleen Pearce, *OCSJ Historian*, 856-767-2780

Open, *Hiking Coordinator*

The officers and members of the Board of Trustees actively seek and welcome your comments, suggestions or recommendations towards the fulfillment of our aims and objectives. Our progress and success are dependent upon the quality and effectiveness of our leadership. Your participation in activities, committees, or in programs and projects is solicited.

When you have questions, need further clarification, or require additional details, you are welcome to call the pertinent committee chairman.

MEETINGS

Club members are invited to attend the monthly meetings. The Board of Trustees meets each month. See schedule for locations. After the business session, some meetings will feature a program presented by the various activities. Everyone is welcome! Come out and support your representatives.

A Message From The President

Club Picnic #2 will be at the Belleplain State Park picnic area enclosed Pavilion on October 1st. Camping over the weekend is based around site# 120 so reserve a campsite. The first Picnic was a big hit. So let's make this one even bigger. We supply the Burgers and Dogs and Beverages. Folks brought many extra treats and goodies. We'll have hikes, biking, camping, and bring your boats for that event. Check the listings for the October 1st weekend.

Hiking/Backpacking/Camping have great trips listed for the warm weather featuring beach and night hikes to keep you cool. X-C Skiing is planning their winter events so keep an eye out and book up early.

The club e-newsletter is a big success. Vera and Art have been doing great things for club publicity. Our Facebook presence lists events and special announcements. 'Like Us' and tell us what you think. Connie and Nora are working hard planning the next holiday party.

Remember, it's your club, so get involved in what goes on, or lead a trip. Your feedback is appreciated.

Tom Neigel,
tomncenter-ocsj@yahoo.com

Coming Events

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW.OCSJ.ORG)
FOR LATEST TRIP INFORMATION.
CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST TRIP
INFORMATION. FOR DETAILS GO TO THE BICYCLING HOME PAGE.**

OCSJ FALL PICNIC AT BELLEPLAIN STATE PARK

OCTOBER 1 CLUB PICNIC AT BELLEPLAIN STATE PARK. Meet at the Picnic Pavilion adjacent to the Lake Parking Lot. Dogs/Burgers and Refreshments provided at the covered pavilion. Come out and meet members, trip leaders, and board members. Learn about gear and equipment. Socialize, tailgate, and have fun. Look for individual activity listings as well. Contact Tom Neigel at 609-206-3389, tomncenter-ocsj@yahoo.com Or, the individual trip leaders.

OCTOBER 1 BELLEPLAIN FOREST BEGINNERS HIKE. 7 miles, moderate pace. This is a great hike at a moderate pace with a rich variety of habitats: Atlantic white cedar and mixed hardwood swamps, oak-hickory forest, old fields, and freshwater lakes, with a possible view of Bald Eagles. Meet at the Picnic Pavilion adjacent to the Lake Parking Lot at Belleplain State Forest off of Route 550 at 10:00 a.m., between Woodbine and Belleplain. (DMS 39 14 36.85 N 74 50 58.29" W) (www.nj.gov/dep/parksandforests/parks/belle.html). NC/NP. Bring lunch and water. Really bad weather cancels, Call day of hike or check website (www.ocsj.org) to confirm. Leader: Scott Eves, 609-805-1463, Please e-mail me for directions at: cscotheves@gmail.com

OCTOBER 1 PADDLING ACTIVITIES TBA. Updates will be posted on website.

SEPTEMBER 30-OCTOBER 1 CAMPOVER AT BELLEPLAIN STATE PARK - OCSJ PICNIC. Camping for Friday and Saturday night associated to the October 1st Club

(continued on page 4)

Coming Events (continued from page 3)

Picnic. Register in advance to join in on one of our campsites or book your own site near site 120 in the CCC Camping Area. They also have Lean-to's and Yurts in the Meisle Field camp area nearby! Bring your own camping food, and something to share at the site. Camp, socialize, picnic and attend events on Saturday. Tom Neigel, 609-206-3389 tomncenter-ocsj@yahoo.com

JULY 9 SUNSET CRUISE AND COOKOUT ON THE MULLICA RIVER. Leaders: Kathy and Frank Pearce, 856-767-2780 hornet71@verizon.net. See July 9 listing for details.

AUGUST 6 SUNSET CRUISE AND COOKOUT ON THE MULLICA RIVER. Leaders: Kathy and Frank Pearce, 856-767-2780 hornet71@verizon.net See August 6 listing for details.

SEPTEMBER 4-9 TH & SEPTEMBER 11-16 SEPTEMBER IN WESTERN MAINE. Price is \$1200 all included, cabin, food, shuttles, guide, tax, tips. Location: Bald Mountain Camps, Oquossoc, ME. (www.baldmountaincamps.com) Historic sporting camp located on pristine Mooselookmeguntic Lake. Activities: several hiking options (mountaintops, water falls, backwoods roads, a piece of the A.T.), kayaking/canoeing, biking, golfing, tennis, photography, wildlife viewing, geocaching, sunsets, moonrises, starlight, loon calls to appreciate, or slip into Rangeley if civilization required. Trip includes: guided kayaking or canoeing pristine lakes and rivers with our host and Registered Maine Guide, Steve Philbrick, log cabins with fireplace, wood, bath, linens, porch, meals in the lodge dining room for first class breakfasts and dinners, sack lunches for the trail. Happy to answer questions. Contact: Judy Norcross, 609-288-6737, judynorcross@mac.com

SEPTEMBER 10-11 BACKPACKING ON THE APPALACHIAN TRAIL: HAWK MOUNTAIN TO PA 309. 13.3 miles (9.3 Sat to the Allentown Shelter and 4.0 Sun). Moderate. Should be a great time for birders to see the raptors. Access from PA Game Commission parking lot on Pine Swamp Road. Climb 3 miles to the top of Hawk Mountain. We'll lunch there, then run the ridges past Dan's pulpit (great views) and balanced rock to the Allentown shelter (spring, privy). The next morning, we'll wake up and run the remaining ridge hike, past Jacksonville-Snyders road to PA309. Should be back on the road home before noon. Max 12 people. Hike Leader: Kevin Drevik, 856-778-3817 kdrevik@aol.com

SEPTEMBER 16-18 ASSATEAGUE ISLAND CAMP & BEACH WEEKEND. Camp at the Federal campground on Assateague Island. Enjoy a relaxing weekend on the beach along with some light hiking, kayaking and an optional group dinner in town, Fiddlers Festival or Kite festival are options. Contact leader to confirm trip participation and campground information. Participants will be responsible for their own campsite reservations. Trip will only run with a minimum confirmed group. Leader: Paul Serdiuk, 609-462-3593 evenings only or pis1@cccnj.net

OCTOBER IS PINELANDS MONTH. A month long celebration of the Pinelands with all kinds of activities on-going. Cranberry harvest fairs, festivals, wagon and walking tours, nature walks, and hikes. Pinelands month opening celebration is held at Whitesbog Village. The OCSJ is in need of volunteers to staff information booth, lead nature walks, lead hikes, or just help out. Contact hornet71@verizon.net.

SATURDAY, DECEMBER 3, 2011 ANNUAL HOLIDAY PARTY. See page 24 for details.

PARTICIPATION NOTICE

The Outdoor Club, its officers and leaders, shall not be liable for any injuries, illness, loss or damage to any person or property, as a result of participation in any Club outing. Each participant assumes all risk and liability connected therewith. All persons, MEMBERS ALIKE, are to sign with the leader at each activity.

NEWS AND NOTES

CHECK THE OCSJ WEBSITE FOR THE LATEST TRIP INFORMATION INCLUDING ADDITIONS AND CANCELLATIONS.

THE LONG WALK IS MAKING A COMEBACK FOR MEMBERS ONE YEAR FROM NOW IN APRIL. It is the whole length of the Batona Trail from Onga's Hat to Bass River in ONE day. It starts at 5:30 a.m. and ends by 8:30 p.m. Every ten miles will be a support vehicle. I will need people to help support the walkers by being on hand to drive them to their car if they cannot go any further. A longer than 12 mile hike would be great for training if some leaders would help by submitting a trainer hike. I will have one or two 25 mile trainer hikes during the year. If anyone is interested please contact Faye at batonawalk@aol.com or Jay at walkinginmud@aol.com

Carpooling, ride sharing or anything similar is strictly a private arrangement among the participants and not part of the official Club Activity. Participants assume the risks associated with this travel. The choice to participate is yours.

Minors (under 18) should be listed on sign-in sheets and parent or guardian sign for them.

TRAIL MAINTENANCE

Leaders be aware that the Club is now a participating member in the New Jersey Parks VIP (Volunteers In Parks) program. This means that trail maintenance we organize in State Parks is to be run through the VIP Program. This requires notifying the park before the activity, and sending a copy of our sign-in sheet to the park. We are not permitted to use power tools of any type. Trail maintenance done on trails not on NJ State Park property must be reviewed by the board for coverage.



BICYCLING



A Message From the Bicycling Activity Chair

As I write this (on Mother's Day night), all I can say when looking back on the last few months is thank God it's done. It seems like every year we say how wet the late Winter /early Spring was, but this year took the cake. I can't even remember how many weekend mornings were spent on the couch watching the rain fall or the wind gust. Hopefully by the time you're reading this the rain has dried up, the winds have died down, and the sun has returned. If this past weekend was any indication, we should have some spectacular riding weather coming up!

We are still in need of a Captain for this year's MS 150 OCSJ Team. I am working on getting a new club jersey designed, so anyone on the team should be able to wear it for the C2S. Keep an eye out for my message on the ocsj-rides Google Group for more details. If you're interested in either the jersey or helping with the MS team, please let me know.

As I say every issue, we are always in of all leaders but especially B leaders. Please consider stepping up and leading a ride this summer. If you are unsure about what to do or how to lead, please feel free to contact me. I would be more than willing to help you make the transition.

Ride safely and ENJOY THE SUMMER!

Tony Marchionne
tomymarch@iwon.com
609-828-0268



CANOEING/KAYAKING

A Message from the Canoeing/Kayak Activity Chair



I'm hoping you get a chance to paddle this Summer. If you haven't already checked out the new "Gages/ Maps/More" page under the Canoeing header and the Videos listed on the photo page, take a look. Always check the Website for current information. We are looking for new leaders. None of these activities would be possible without the leaders who volunteer their talent and time. I want to thank them, and ask you to consider becoming a leader.

Hope to see you on the water,
Frank Pearce
mailto:Hornet71@verizon.net
856-767-2780.

Guidelines:

- 1-All participants must sign-in
- 2-PFD'S must be worn. (83% of canoeing fatalities were not wearing a PFD)
- 3-Stay between leader and sweep.
- 4-Wear appropriate clothes (Avoid Cotton) dress for water temperatures.
- 5-Have at least one change of clothing in a water- protected bag with you
- 6-Flip flops are not appropriate footwear. (No bare feet - 90 % of paddling injuries)
- 7-Flashlight required for evening trips.
- 8-Whistle is required for Delaware River trips and recommended for all trips.
- 9-A helmet for whitewater may also be a good investment.
- 10-Carpooling, ride sharing or anything similar is strictly a private arrangement among the participants and not part of the official Club Activity. Participants assume the risks associated with this travel. The choice to participate is yours.
- 11-You must assess the suitability and condition of your equipment and if a trip is within your abilities.
- 12-Please leave sufficient driving time to safely arrive.
- 13-If you have questions, especially if a trip is right for you, call the leader.
- 14-Check the Website –ocsj.org - for the latest information.
- 15-Minors (under 18) should be listed on sign-in sheets and parent or guardian sign for them.
- 16-Leaders have final say on trip participation involving safety concerns.
- 17-Leaders- if a trip is cancelled please notify the Chair.
- 18-Leaders -carry a copy of the incident report form. (can be obtained from website)
- 19-Leaders –send sign-in sheets and any incident reports to Canoe Chair.
- 20-Leaders must submit (mail/fax) sign-in sheets to the Canoeing/Kayaking Chair in a timely manner.

(Guideline- No later than 2 weeks after quarterly schedule ends.)

BACKPACK TRIP RATING SYSTEM

1. **NOVICE:** 5 or less trips - mild weather, relatively flat terrain.
2. **INTERMEDIATE:** 5 or more trips - mild weather, moderate climbs - up to 8 mile trips.
3. **ADVANCED:** 10 or more trips - three season, except winter. Strenuous climbs over difficult terrain - upgraded equipment.
4. **EXPERT:** Leadership experience or comparable ability - all seasons - good physical condition - completely equipped for all terrain and weather.



HIKING

A Message from the Hiking Chair



Hiking with the club is good exercise and a great way to make new friends. Our fine leaders offer a broad range of hikes in terms of distance, pace, days and times. Hike descriptions include distance, pace and abbreviations such as WF (wet feet possible). Explanations of them and standard hike meeting places are elsewhere in this Trekker. Distances listed in hike descriptions are approximate. They can vary due to conditions, detours and other factors. If you have questions about a hike, feel free to call the leader.

Hikes usually start promptly at the stated time. Please leave sufficient driving time to safely arrive about 15 minutes early. All hikes begin with a club sign in and waiver sheet. Everyone must sign for liability reasons. Members are welcome to bring a non-member friend as a guest. Non-members are welcome for an initial trip, but need to join thereafter.

Be sure to check the hiking section of the club's web site for updates, new trips and cancellation notices, including last minute ones. On rare occasions hikes have to be canceled at the last minute without notice due to freak weather, illness, etc. If the leader is not at the designated meeting place 15 minutes after the starting time, you can assume the hike is canceled.

All our leaders are volunteers. Please thank them for their efforts while hiking with them. And we are always in need of new leaders and assistant leaders. If you are interested, talk to a current leader and/or send an email to hiking@ocsj.org

HIKING GUIDE

Hike distances are in miles, and may optionally be followed by hike duration in hours. The following codes are used to show unusual features of a hike:

| | | |
|--------------------------|-------------------------------|-----------------------|
| BW - Bushwhacking | WF - Wet feet possible | NS - No stops |
| NP - No pets | NC - No children | FS - Few stops |
| LP - Leashed Pet | | |

Refer to the page listing Standard Meeting Places for directions to hikes.

HIKE DESCRIPTIONS

- **EASY** - pace defined as slower walking with more frequent rest breaks (e.g. for viewing surroundings, nature calls, equipment adjustments, and allowing walkers to catch up). For the slower walker.
- **MODERATE** - pace defined as as comfortable walking with occasional rest breaks. For the average walker.
- **BRISK** - pace defined as faster walking with occasional rest breaks. For the average, better conditioned walker.
- **FAST** - pace defined as fitness walking with few rest breaks for any reason. For seasoned, in fit condition walkers.

STANDARD MEETING PLACES

If the meeting place is one of the standard meeting places shown below, no directions will appear in the hike listing.

- Atsion** - Meet in field on east side of Rt. 206 just north of Wharton State Forest Office.
- Batsto** - Meet at Batsto village parking, off Rt. 542, between Hammonton and Green Bank.
- Bullock** - Meet on north side of road in Bullock. Turn east from Rt. 72 at railroad bridge 6.5 miles southeast of Rt. 70/72 intersection. Continue 3.3 miles to tee intersection. Turn right, then immediately left, and park.
- Carranza** - Meet at Carranza Memorial parking, 6.7 miles SE of Tabernacle on Carranza Road.
- Cemetery** - Meet at cemetery on Rt. 563, 0.6 miles south of Rt. 532 in Chatsworth.
- Moorestown Mall** – Meet at big flagpole, front of Macy's, off Rt. 38. See May 10 entry.
- D & R Parking** - a mile N of Lambertville on Rt. 29, just before the Rt. 202 Bridge. Turn left and drive to the parking.
- Evans** - Meet just to the north of Evans Bridge (on east side of Rt. 563), 0.7 miles south of the Rt. 563/Rt. 679 split (about 10 miles south of Chatsworth).
- Friendship** - Meet at Friendship ruins on Carranza Road, 10 miles SE of Tabernacle.
- Harrisville** - Meet at Harrisville Pond, on Rt. 679, 1.5 miles south of Rt. 563, between Chatsworth and New Gretna.
- Henry Avenue & Walnut Lane parking area, Philadelphia** – Take Rt. 76 (Schuylkill Expressway) West to Lincoln Drive, exit #340A. Turn right at bottom of ramp, cross short bridge and take Ridge Avenue West exit. Proceed to 2nd traffic light and bear right. Go two more lights and bear left. At the next light, turn right onto Walnut Ln. Go to 2nd light and turn left onto Magdalena and a quick left into parking area. Approximately 9 miles from Ben Franklin Bridge.
- Jackson** - Meet just north of small bridge on Rt. 534 (Jackson Road), 1.7 miles northeast of Atco Raceway.
- Kingston** - Meet at Kingston Lock parking, off Rt. 27. Take I-295N / 95S to Exit 8 (Princeton Pike, Rt. 583) to Rt. 27 in Princeton. Follow Rt. 27, 3.3 miles to Kingston Lock parking on right.
- Lake Absegami** - Meet at Lake Absegami parking, Bass River State Forest. Entrance is on Stage Road, 3.4 miles E of Rt. 679 (from the N & W); or 6 miles W of Tuckerton (from the N & E); or 3 miles N of New Gretna (from the S).
- Byrne office** - Meet at Byrne (Lebanon) forest office. Turn east off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Forest office is on the left.
- Pakim Pond** - Meet at Pakim Pond parking, Byrne S.F. Turn off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Pakim Pond is 2.7 miles beyond the Forest Office.
- Byrne campsites** - Meet at Byrne (Lebanon) campsite. Turn off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Campsite parking is 3.5 miles beyond the Forest Office.
- Oswego** - Meet at Oswego Lake parking, 3.1 miles northeast of Rt. 563 from Jenkins. (Turnoff is 8.4 miles south of Rt. 532 in Chatsworth, between Pine Barrens Canoes and Mick's Canoes).
- Skit** - Meet at the Skit Branch bridge, 5.2 miles SE of Tabernacle on Carranza Road.
- Tyler Park** - Take 1-95 and get off at exit 49, (Newtown/Yardley) and travel toward Newtown. Continue on the Newtown bypass and turn left into the park at the intersection of Swamp Road. Meet the at the Boat House parking lot.
- Wells Mills** - Meet at Wells Mills Park, off Rt. 532 (which is 16 miles southeast of the Rt. 70/72 intersection), 3.6 miles northeast of Rt. 72.
- Whitesbog** - Meet at Whitesbog village parking. Go east on Rt. 70 6.9 miles from Rt. 70/72 intersection. Make a sharp left on Lakehurst Road, go 1.3 miles, turn right for the village.



X/C SKIING and SNOWSHOEING



A Message from the X/C Skiing & Snowshoeing Chair

When you read this you may be sitting by the pool, enjoying the warm summer's sun. A strange time to think about snow and X/C skiing! Not really. Now is the time to begin to plan your adventure. Take a look at the OCSJ website to see the wonderful trips our leaders have put together for next season. Don't miss out. Let the leader know of your interest. Here are a few:

New Year's trip to Craftsbury, Vt. and mid-Jan trip to Keene Valley near Lake Placid. The leaders for both these popular trips are under some pressure to give early commitments for lodging. Contact Fran Horn (franhorn@aol.com) for Craftsbury or new leaders! Sue and Paul Dice (srentd@comcast.net) for Keene Valley. Travel north of the border with Dan and Charie McAuliffe (DNMLLogistics@msn.com) in early Feb to Quebec for winter carnival, and skiing, of course. Later in the month go to spectacular Yellowstone National Park. Contact Ann & John Palaitis (palaitis@verizon.net) for this one. These are just a sampling of the treats we have prepared for you. For a complete list with descriptions, go to the OCSJ website, click on X/C skiing, then Schedules. You may now return to your Margaritas.

Eileen Greve
35 North Hill Dr, Westampton, NJ 08060-5723
cell: 609 204-6451
mailto:egreve212@gmail.com

IT'S NEVER TOO EARLY to plan next year's adventures. The following 2012 ski trips require early sign-up. Don't miss out.

DEC. 27-JAN. 1 CRAFTSBURY OUTDOOR CENTER, CRAFTSBURY, VT. Ring in the New Year. Contact leader to reserve your spot on this very popular trip. Suitable for beginners to advanced. Leader: Fran Horn, 856 786-0048 franhorn@aol.com
Tues.-Sun.

JAN. 13 TO 16 TRAIL'S END B&B, KEENE VALLEY, NY. New leader beginning to take reservations for MLK weekend, very popular X/C skiing and snowshoeing in Adirondacks. Leaders: Paul Dice and Susan Renton-Dice, srentd@comcast.net, cell # 856-265-6207, h # 856-784-0164.
Fri.-Mon.



JULY



“Don’t cry because it’s over.
Smile because it happened.”

RESERVATIONS AND DEADLINES

Act Now! Make your reservations as soon as possible. Spaces usually are limited. Don’t miss out by waiting too long.

SUNSET CRUISE AND COOKOUT ON THE MULLICA RIVER. See July 9 entry for details.

SUNSET CRUISE AND COOKOUT ON THE MULLICA RIVER. See August 6 entry for details.

SEPTEMBER IN WESTERN MAINE. September 4-9 & September 11-16. See Coming Events for details.

BACKPACKING ON THE APPALACHIAN TRAIL: HAWK MOUNTAIN TO PA 309. See September 10-11 entry for details.

ASSATEAGUE ISLAND CAMP & BEACH WEEKEND. See September 16-18 entry for details.

CAMPOVER AT BELLPLAIN STATE PARK - OCSJ PICNIC. See September 30-October 2 entry for details.

OCSJ CLUB PICNIC AT BELLEPLAIN STATE PARK. See October 1 entry for details.

BELLEPLAIN FOREST BEGINNERS HIKE. See October 1 entry for details.

OCSJ ANNUAL HOLIDAY PARTY. See December 4 entry for details.

✓ **NOTE VARIOUS OTHER TRIPS REQUIRE PARTICIPANTS
TO CONTACT LEADER.**

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FOR DETAILS GO TO THE BICYCLING HOME PAGE.**

JULY 1
Friday
7:00 pm



FRIDAY NIGHT FITNESS HIKE. 8-10 miles, fast pace. The ongoing, every Friday night, all year round, Friday night fitness hike; where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 MPH, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, shoes, or sneakers (sneakers are adequate in dry conditions). Socks are also important footwear; synthetics and wool being better at preventing blisters (avoid cotton socks). The first Friday of each month there is a dessert/dinner stop after the hike at a local restaurant. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

JULY 4
Monday
10:00 a.m.

FOURTH OF JULY ON THE MAURICE RIVER. Meet at Garden Road, south side, we paddle to Union Lake thru the less populated stretch looking for shady spots. Pack lunch and hydration; also bug and sun protection. Be prepared to go for ice cream after. Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com

JULY 7
Thursday
6:30 pm

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, South Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Check website, as always, for last minute cancellations. Contact leader

before 8:30 pm Leader: Joe Rottinger, 856-665-4812 or pennsauken@earthlink.net

JULY 8
Friday
7:00 pm



FRIDAY NIGHT FITNESS HIKE. 8-10 miles, fast pace. See July 1 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

JULY 9
Saturday
8:30 am

SHORT AND SWEET HIKE. 5-6 miles. Moderate pace. We'll hunt for blueberries. Must cross the Batsto River. Water will be low. Bring dry socks, towel or water shoes. Meet at the Skit Bridge on Carranza Road. SE of Tabernacle. Leader, Christine Denneker, 856-461-5379.

JULY 9
Saturday
9:30 am

PADDLE HAINES CREEK (MEDFORD CANOE TRAIL). Shaded and no shuttle! Take a break from the heat! We'll paddle up to Medford Park, eat lunch, and return with current. It offers superb scenery with lush vegetation and tranquil waters. Meet at Kirby's Mill on Church Road. Easy float trip, but no rentals. Check out the trails website: <http://medfordcanoetrail.wordpress.com/> Call Leader Harry Barok between 6 and 10 PM. 856-985-6172 or e-mail, E-mail: Harrykaraoke7@aol.com but not at last minute.

JULY 9
Saturday
10:00 am



CARRANZA PRE-MEMORIAL CEREMONY HIKE. 5 miles, moderate pace. Meandering walk by the Batona campground and High Crossing. We will be back in time to optionally join the Ceremony honoring Emilio Carranza who crashed in the pines returning from a good will flight between Mexico City and New York City in 1928. The honor is real even if the "re-enactment" is hokey. Meet at Carranza memorial parking lot. Hike will start promptly so we do not interfere with the ceremony. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

JULY 9
Saturday
4:00 pm

SUNSET CRUISE AND COOKOUT ON THE MULLICA RIVER. Bring your favorite cook out/picnic food. Grills will be fired up and ready at Crowley's Landing for the dinner stop. PFD must be worn. **YOU MUST BRING FLASHLIGHT AND REMAIN WITH GROUP.** Meet at Pleasant Mills (Mullica River put-in off of Rte. 542, before Batsto Village.) Leaders: Kathy and Frank Pearce, 856-767-2780 hornet71@verizon.net H 06:46p 3.1ft

JULY 10
Sunday
9:00 am

SOCIAL KAYAK TRIP. We will do the majestic and wild Egg Harbor River. This is a pristine river that is always a pleasure to paddle. We will have a pizza party after trip as well as a volley ball game. Call leader to confirm participation and trip information. Meet at Palace Restaurant, Rt. 322, Weymouth, Atl. Co., Leader: Paul Serdiuk, 609-462-3593 evenings only or pis1@cccnj.net

JULY 14
Thursday
9:00 am



CANOE / KAYAK TOMS RIVER. Follow the route of the Annual Toms River Canoe Race without the competition. Ten miles of changing scenery and river conditions from park and forest to open bay and river. Contact leaders to confirm participation. We will meet at Friendly's on Rt. 37, just past mile post 4, on the East bound side. Come early and join us for breakfast. Bring six quarters for the parking meter at the take out. Joe Logan, 609-634-1542, or mayandpops@aol.com

JULY 14
Thursday
10:00 am

GRILLIN' AND CHILLIN' AT ESTELL MANOR PARK – 4 mile Easy hike through this beautiful Atlantic County Park using woodland trails and an elevated boardwalk. I'll bring the hotdogs; you bring your sides and beverages for after the hike. The park is located on Rt. 50 approx 3 miles south of Mays Landing, NJ. Meet at the 1st picnic/playground area on the one way auto drive loop. Rain cancels. Leader: Ro Mason. E mail: romason@comcast.net Phone: 609.404.9587

JULY 14
Thursday
6:30 pm

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Check website, as always, for last minute cancellations. See July 7 listing for details. Leader: Joe Rottinger, 856-665-4812 or pennsauken@earthlink.net

JULY 14
Thursday
7:30 pm



CLUB MEETING. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Route 70 in Cherry Hill.

JULY 15
Friday
9:30 am

WADING RIVER PADDLE. Spend a few hours on a beautiful, twisty and partially shaded river. Meet at Mick's Pine Barrens Canoes, Rt. 563, Chatsworth. Call 1-800-732-0793 to reserve a boat. Rain cancels. Bring lunch and water. Proper footwear required – no flip-flops. Reservations with leader are appreciated but not required. If you discover at the last minute that you can join us, come on down! Call or email Becky S. if you have questions. quasar@snip.net or 856-218-7725.

JULY 15
Friday
5:00 pm



MOONLIGHT KAYAK TRIP. Paddle the Mullica River under a full moon with a bbq after the paddle. Some paddling experience required. Open to all members. Limited space, contact leader to reserve space. Please bring picnic type food to share after paddle. Meet at Bel-Haven Paddle Sport on Rt. 543, 12 miles east of Hammonton, Atl. Co. Bring flashlight and whistle. PFD's must be worn. Leader: Paul Serdiuk, 609-462-3593 evenings only or pis1@cccnj.net

JULY 15
Friday
7:00 pm



FRIDAY NIGHT FITNESS HIKE. 8-10 miles, fast pace. See July 1 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com alison@mikebaker.com

JULY 16
Saturday
10:00 am

BELLEPLAIN FOREST BEGINNERS HIKE. 7 miles, moderate pace. This is a great hike at a moderate pace with a rich variety of habitats: Atlantic white cedar and mixed hardwood swamps, oak-hickory forest, old fields, and freshwater lakes, with a possible view of Bald Eagles. Meet at Belleplain Main Office. Off of Route 550, between Woodbine and Belleplain (DMS 39 14 36.85 N 74 50 58.29" W) (www.nj.gov/dep/parksandforests/parks/belle.html). NC/NP. Bring lunch and water. Really bad weather cancels, Call day of hike or check website (www.ocsj.org) to confirm. Leader: Scott Eves, 609-805-1463, Please e-mail me for directions at: cscotteves@gmail.com

JULY 16
Saturday
7:30 pm

MOONLIGHT HIKE. 6 miles moderate pace. Hike dirt roads lit by moonlight in the Pines. Bring swimwear, chair, or blanket. Bring snack type food to share at tailgate social after hike and swim wear. NP/NC. Meet at Lake Oswego parking lot, on Lake

Oswego Road, off Rt. 563 8 miles south of Chadsworth, Burl. Co. Inclement weather cancels. Contact Leader for additional info. Leader: Paul Serdiuk, 609-462-3593 evenings or pis1@cccnj.net

JULY 17
Sunday
9:00 am



CLASS C. FAMOUS BAGEL RIDE. 30 miles. Great ride in Burlington County with a bagel stop. Meet at Moorestown High School, Bridgeboro Road, Moorestown. Call in case of inclement weather. Leader: Fran H., 856-786-0048, E-Mail: franhorn@aol.com

JULY 21
Thursday
6:30 pm



ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Check website, as always, for last minute cancellations. See July 7 listing for details. Leader: Joe Rottinger, 856-665-4812 or pennsauken@earthlink.net

JULY 22
Friday
7:00 pm



FRIDAY NIGHT FITNESS HIKE. 8-10 miles, fast pace. See July 1 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

JULY 23
Saturday
10:00 am

BALDPATE HIKE. Meeting Place: Fiddler's Creek Road Parking: Proceed on Rt 29 N @ 1/2 mile past Washington's Crossing State Park and make a right turn onto Fiddler's Creek Road. Proceed for @ .3 miles. Pass a gated driveway on the left and continue to the parking lot entrance. Distance: @ 10 miles Pace: Conditions: Probably dry, Normal stops. NP. NC. No planned bushwacking. Description: Over hill and dale in this scenic and moderately challenging excursion. Partly in Washington's Crossing State Park and partly in the Ted Stiles preserve. A big finish with a scenic view from the top of Baldpate. Bring lots of liquid. Could be hot. George Galcik, 856-783-8329, georgegalcik@comcast.net

JULY 24
Sunday
9:00 am

GREAT EGG HARBOR RIVER PADDLE. Penny Pot to Lake Lenape. We stop to enjoy the water, stop for lunch and stop along the way again. Bring water to drink, sunscreen/ hat as the lake offers no shelter. You'll need it –this is the "big one" a 16 mile trip. Meet at Harley Dawn Diner. Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com

JULY 28
Thursday
6:30 pm



ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Check website, as always, for last minute cancellations. See July 7 listing for details. Leader: Joe Rottinger, 856-665-4812 or pennsauken@earthlink.net

JULY 29
Friday
10:00 am

WATERSLIDE AT WILDWOOD, N.J. Take a day off at the Jersey shore. Come have some fun on the waterslides. Bad weather cancels. Bring or buy lunch. Seniors have been free with ID prior years. Meet 25th street and the boardwalk in North Wildwood at the entrance for Morey's Pier. Dave and Julie Hegelein, 856-235-8792 or the night before or that AM call our cell, 609-332-9262.

JULY 29
Friday
7:00 pm



FRIDAY NIGHT FITNESS HIKE. 8-10 miles, fast pace. See July 1 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker,

JULY 31
Sunday.
9:00 am



CANOE / KAYAK TOMS RIVER. Follow the route of the Annual Toms River Canoe Race without the competition. Ten miles of changing scenery and river conditions from park and forest to open bay and river. Contact leaders to confirm participation. We will meet at Friendly's on Rt. 37, just past mile post 4, on the East bound side. Come early and join us for breakfast. Bring six quarters for the parking meter at the take out. Joe Logan, 609-634-1542, or mayandpops@aol.com



AUGUST



"It's kind of fun to do the impossible."

RESERVATIONS AND DEADLINES

Act Now! Make your reservations as soon as possible. Spaces usually are limited. Don't miss out by waiting too long.

SUNSET CRUISE AND COOKOUT ON THE MULLICA RIVER. See August 6 entry for details.

SEPTEMBER IN WESTERN MAINE. September 4-9 & September 11-16. See Coming Events for details.

BACKPACKING ON THE APPALACHIAN TRAIL: HAWK MOUNTAIN TO PA 309. See September 10-11 entry for details.

ASSATEAGUE ISLAND CAMP & BEACH WEEKEND. See September 16-18 entry for details.

CAMPOVER AT BELLPLAIN STATE PARK - OCSJ PICNIC. See September 30-October 2 entry for details.

OCSJ CLUB PICNIC AT BELLEPLAIN STATE PARK. See October 1 entry for details.

BELLEPLAIN FOREST BEGINNERS HIKE. See October 1 entry for details.

OCSJ ANNUAL HOLIDAY PARTY. See December 4 entry for details.

✓ **NOTE VARIOUS OTHER TRIPS REQUIRE PARTICIPANTS TO CONTACT LEADER.**

CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW.OCSJ.ORG) FOR LATEST TRIP INFORMATION.
CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST TRIP INFORMATION.
FOR DETAILS GO TO THE BICYCLING HOME PAGE.

AUGUST 4
Thursday
6:30 pm



ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, South Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Check website, as always, for last minute cancellations. Contact leader before 8:30 pm Leader: Joe Rottinger, 856-665-4812 or pennsauken@earthlink.net

AUGUST 5
Friday
9:30am

WADING RIVER PADDLE. Spend a few hours on a beautiful, twisty and partially shaded river. Meet at Mick's Pine Barrens Canoes, Rt. 563, Chatsworth. Call 1-800-732-0793 to reserve a boat. Rain cancels. Bring lunch and water. Proper footwear required – no flip-flops. Reservations with leader are appreciated but not required. If you discover at the last minute that you can join us, come on down! Call or email Becky S., if you have questions. quasar@snip.net or 856-218-7725.

AUGUST 5Friday
7:00 pm

FRIDAY NIGHT FITNESS HIKE. 8-10 miles, fast pace. The ongoing, every Friday night, all year round, Friday night fitness hike; where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 MPH, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, shoes, or sneakers (sneakers are adequate in dry conditions). Socks are also important footgear; synthetics and wool being better at preventing blisters (avoid cotton socks). The first Friday of each month there is a dessert/dinner stop after the hike at a local restaurant. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

AUGUST 6Saturday
4:00 pm

SUNSET CRUISE AND COOKOUT ON THE MULLICA RIVER. Bring your favorite cook out/picnic food. Grills will be fired up and ready at Crowley's Landing for the dinner stop. PFD must be worn. **YOU MUST BRING FLASHLIGHT AND REMAIN WITH GROUP.** Meet at Pleasant Mills (Mullica River put-in off of Rte. 542, before Batsto Village.) Leaders: Kathy and Frank Pearce, 856-767-2780 hornet71@verizon.net 20:06 EDT Sunset --2011-08-06 17:32 EDT 3.10 ft. High Tide.

AUGUST 7Sunday
8:30 am

HISTORY AND HARRISVILLE. 6 miles. Moderate pace. Early morning hike with the option to picnic afterward. Meet at Harrisville Pond off Rt. 679. Leader, Christine Denneker, 856-461-5379.

AUGUST 7Sunday
10:00 am

MALLOW ROAST ON THE MAURICE RIVER. The giant hibiscus are in bloom in the hottest month. Paddle trip starts at Willow Grove Lake and go to Sherman Avenue (long trip). Meet at the Malaga five points Wawa Delsea Drive and Rt. 40. Call or E-mail to confirm. Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com

AUGUST 11Thursday
10:00 am

GRILLIN' AND CHILLIN' AT HARRISVILLE - 5 mile Moderate hike to Martha utilizing the Batona Trail and the Lake Trail. After the hike we'll relax at Harrisville pond and enjoy our lunch. I'll bring the grill and the hotdogs; you bring a chair and your sides and beverages. Meet at Harrisville on Rt. 679. Rain cancels. Leader: Rosemarie Mason E-mail: romason@comcast.net Phone: 609-404-9587.

AUGUST 11Thursday
6:30 pm

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Boulevard cancels. Check website, as always, for last minute cancellations. See August 4 listing for details. Leader: Joe Rottinger, 856-665-4812 or pennsauken@earthlink.net

AUGUST 11Thursday
7:30 pm

CLUB MEETING. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Route 70 in Cherry Hill.

AUGUST 12Friday
7:00 pm

FRIDAY NIGHT FITNESS HIKE. 8-10 miles, fast pace. See August 5 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

AUGUST 12

Friday
7:30 pm

MOONLIGHT & METEOR SHOWER HIKE. 6 miles moderate pace. Hike dirt roads lit by moonlight in the Pines. We Return to watch the Perseid Meteor shower, a solar system spectacular. Bring snack type food to share at our tailgate social after the hike. Bring a chair or blanket to sit on. NP/NC. Meet in open field next to Atsion Office on Rt. 206 10 miles south of Red Lion Circle, Rt. 70 & 206. and 6 miles north of Hammonton. Leader: Paul Serdiuk, 609-462-3593- evenings only pis1@cccnj.net

AUGUST 13

Saturday
10:00 am

LAMBERTVILLE TO BULL'S ISLAND. Meeting Place: D & R Parking - a mile N of Lambertville on Rt. 29, just before the Rt. 202 Bridge. Turn left at Jimison Farm and drive to the parking. Pace: Moderate. Hike Conditions: Probably dry, Normal stops. NP, NC. Description: Stay in shape over the summer. A casual hike on the towpath. Stop in New Hope if you wish. Bring plenty of liquid, as it could be hot. Distance: Miles: 7 or 14. Those who wish to break off at Stockton and return to New Hope on their own will have a 7 mile hike. Leader: George Galcik, 856-783-8329, georgegalcik@comcast.net

AUGUST 13

Friday
7:00 pm



SUNSET & MOON RISE KAYAK TRIP. We will do a paddle in the sheltered back bay area and watch the sunset and the moonrise. Must have prior paddling experience. Minimum kayak size is 13 ft., maximum group size of 12 paddlers. Contact leader for confirmation of participation and trip details. Leader: Paul Serdiuk, 609-462-3593 evenings only or pis1@cccnj.net

AUGUST 14

Sunday
10:00 am.

BELLEPLAIN FOREST BEGINNERS HIKE. 7 miles, moderate pace. This is a great hike at a moderate pace with a rich variety of habitats: See July 16 listing for full details. Leader: Scott Eves, 609-805-1463. Please e-mail me for directions at: cscotteves@gmail.com

AUGUST18

Thursday
9:00 am

CANOE / KAYAK TOMS RIVER. Follow the route of the Annual Toms River Canoe Race without the competition. Ten miles of changing scenery and river conditions from park and forest to open bay and river. Contact leaders to confirm participation. We will meet at Friendly's on Rt. 37, just past mile post 4, on the East bound side. Come early and join us for breakfast. Bring six quarters for the parking meter at the take out. Joe Logan, 609-634-1542, or mayandpops@aol.com

AUGUST 18

Thursday
6:30 pm



ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Check website, as always, for last minute cancellations. See August 4 listing for details. Leader: Joe Rottinger, 856-665-4812 or pennsauken@earthlink.net

AUGUST 19

Friday
7:00 pm

FRIDAY NIGHT FITNESS HIKE. 8-10 miles, fast pace. See August 5 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

AUGUST 20

Saturday, 10 am

TIDAL POMPESTON CREEK HIKE. 5 miles, easy to moderate pace. We will follow the Pompestown creek in Cinnaminson

and Palmyra, with a trip to the mouth of the creek if I read the tide tables correctly. Meet at the Rush School parking lot in Cinnaminson at the end of Wynwood Drive. From Route 130 turn north on Wynwood Drive to the end of the road. Take the first turn to the right in the parking lot for the unmarked trail head. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

AUGUST 20

Saturday
10:00 am



ATLANTIC CITY BEACH HIKE. 8-9 miles, moderate pace. From Atlantic City to almost Ventnor. Hike, swim, gamble, dine or just spend a day at the shore. Bad weather Cancels. Meet at Gardener's Basin parking area. From Atlantic City Expressway turn Northeast [left] onto Atlantic Avenue. Go to New Hampshire Avenue, turn Northwest [left]. Look for Gardener's Basin. Leaders Dave and Julie Hegelein, 856-235-8792 or use cell number night before or that day, 609-332-9262.

AUGUST 21

Sunday
9:00 a.m.

MULLICA RIVER SUMMER SERENADE PADDLE. Meet at Atsion Rangers Station. Paddle from Rt. 206 thru "Lillypad City" ending at Pleasant Mills takeout. This is an all day trip, 11 miles. Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com

AUGUST 21

Sunday
9:00 am



CLASS C. FAMOUS BAGEL RIDE. 30 miles. Great ride in Burlington County with a bagel stop. Meet at Moorestown High School, Bridgeboro Road, Moorestown. Call in case of inclement weather. Leader: Fran H., 856-786-0048, E-Mail: franhorn@aol.com

AUGUST 25

Thursday
6:30 pm

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Boulevard cancels. Check website, as always, for last minute cancellations. See August 4 listing for details. Leader: Joe Rottinger, 856-665-4812 or pennsauken@earthlink.net

AUGUST 26

Friday
7:00 pm



FRIDAY NIGHT FITNESS HIKE. 8-10 miles, fast pace. See August 5 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

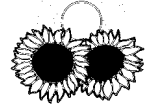
AUGUST 28

Sunday
9:00 am

CANOE / KAYAK TOMS RIVER. Follow the route of the Annual Toms River Canoe Race without the competition. Ten miles of changing scenery and river conditions from park and forest to open bay and river. Contact leaders to confirm participation. We will meet at Friendly's on Rt. 37, just past mile post 4, on the East bound side. Come early and join us for breakfast. Bring six quarters for the parking meter at the take out. Joe Logan, 609-634-1542, or mayandpops@aol.com



SEPTEMBER



*“Do not let what you cannot do
interfere with what you can do.”*

RESERVATIONS AND DEADLINES

Act Now! Make your reservations as soon as possible. Spaces usually are limited. Don't miss out by waiting too long.

SEPTEMBER IN WESTERN MAINE. September 4-9 and September 11-16. See Coming Events for details.

BACKPACKING ON THE APPALACHIAN TRAIL: HAWK MOUNTAIN TO PA 309. See September 10-11 entry for details.

ASSATEAGUE ISLAND CAMP & BEACH WEEKEND. See September 16-18 entry for details.

CAMPOVER AT BELLPLAIN STATE PARK - OCSJ PICNIC. See September 30-October 2 entry for details

OCSJ CLUB PICNIC AT BELLEPLAIN STATE PARK. See October 1 entry for details.

BELLEPLAIN FOREST BEGINNERS HIKE. See October 1 entry for details.

OCSJ ANNUAL HOLIDAY PARTY. See December 4 entry for details.

**✓ NOTE VARIOUS OTHER TRIPS REQUIRE PARTICIPANTS
TO CONTACT LEADER.**

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW.OCSJ.ORG)
FOR LATEST TRIP INFORMATION.
CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST
TRIP INFORMATION.
FOR DETAILS GO TO THE BICYCLING HOME PAGE.**

SEPTEMBER 1

Thursday
6:30 pm

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, South Park Drive. Rain or flooding on Admiral Wilson Boulevard cancels. Check website, as always, for last minute cancellations. Contact leader before 8:30 pm Leader: Joe Rottinger, 856-665-4812 or pennsauken@earthlink.net

SEPTEMBER 2

Friday
7:00 pm





FRIDAY NIGHT FITNESS HIKE. 8-10 miles, fast pace. The ongoing, every Friday night, all year round, Friday night fitness hike; where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 MPH, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, shoes, or sneakers (sneakers are adequate in dry conditions). Socks are also important footgear; synthetics and wool being better at preventing blisters (avoid cotton socks). The first Friday of each month there is a dessert/dinner stop after the hike at a local restaurant. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

SEPTEMBER 4

Sunday
10:00 am

LAST OF THE SUMMER WINES PADDLE ON THE MAURICE RIVER. Meet at Garden Road, south side, we paddle thru an area ripe with wild grapes and on across Union Lake. Pack lunch and hydration; also bug and sun protection. Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com

- SEPTEMBER 4 -9** **SEPTEMBER IN WESTERN MAINE.** Contact: Judy Norcross 609-288-6737, judynorcross@mac.com. See Coming Events Section for details.
Sun.-Fri.
- SEPTEMBER 8** **BASS RIVER LOOP** – 4 mile Moderate loop hike utilizing the Pink Trail and Joe’s Trail. Bring lunch to eat at the picnic pavilion stop during the hike. Meet at the Lake Absegami parking area in Bass River State Forest on Stage Road in Tuckerton. Rain cancels. Leader: Rosemarie Mason. E Mail: romason@comcast.net. Phone: 609.404.9587
Thursday
10:00 am
- SEPTEMBER 8** **ROUND ABOUT HIKE.** 3.8 miles, moderate to brisk. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Check website, as always, for last minute cancellations. See September 1 listing for details. Leader: Joe Rottinger, 856-665-4812 or pennsauken@earthlink.net
Thursday
6:30 pm
- SEPTEMBER 8**  **CLUB MEETING.** Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Route 70 in Cherry Hill.
Thursday
7:30 pm
- SEPTEMBER 9** **FRIDAY NIGHT FITNESS HIKE.** 8-10 miles, fast pace. See September 2 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com
Friday
7:00 pm
- SEPTEMBER 10**  **HARVEST MOON HIKE.** 7 miles, moderate pace. Summer is almost over and fall is approaching. Hope for a clear night, as the moon stays overhead almost all night. Meet at Atsion. Leaders Dave and Julie Hegelein, 856-235-8792 or call our cell the night before or that day 609-332-9262.
Saturday
7:30 pm
- SEPTEMBER 10-11** **BACKPACKING ON THE APPALACHIAN TRAIL: HAWK MOUNTAIN TO PA 309** – 13.3 miles (9.3 Sat to the Allentown Shelter and 4.0 Sun). Moderate. Should be a great time for birders to see the raptors. Access from PA Game Commission parking lot on Pine Swamp Road. Climb 3 miles to the top of Hawk Mountain. We’ll lunch there, then run the ridges past Dan’s pulpit (great views) and balanced rock to the Allentown shelter (spring, privy). The next morning, we’ll wake up and run the remaining ridge hike, past Jacksonville-Snyders road to PA309. Should be back on the road home before noon. Maximum 12 people. Hike Leader: Kevin Drevik, 856-778-3817 kdrevik@aol.com
Sat.-Sun.
- SEPTEMBER 11** **BACK TO SCHOOL HIKE** - 4 mile. Easy hike through and around Richard Stockton College in Galloway, NJ. We’ll walk woodland trails and sand roads with a snack break at Lake Fred. Meet at the dirt parking lot across from college. Walk on Vera Farris King Drive. Rain cancels. Leader: Rosemarie Mason E- Mail: romason@comcast.net Phone: 609-404-9587.
Sunday
11:00 am
- SEPTEMBER 11-16** **SEPTEMBER IN WESTERN MAINE.** Contact: Judy Norcross 609-288-6737, judynorcross@mac.com. See Coming Events Section for details.
Sun.-Fri.

SEPTEMBER 15

Thursday
6:30 pm

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Check website, as always, for last minute cancellations. See September 1 listing for details. Leader: Joe Rottinger, 856-665-4812 or pennsauken@earthlink.net

SEPTEMBER 16

Friday
7:00 pm

FRIDAY NIGHT FITNESS HIKE. 8-10 miles, fast pace. See September 2 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

SEPTEMBER 16-18

Fri.-Sun.



ASSATEAGUE ISLAND CAMP & BEACH WEEKEND. Camp at the Federal campground on Assateague Island. Enjoy a relaxing weekend on the beach along with some light hiking, kayaking and an optional group dinner in town, Fiddlers Festival or Kite festival are options. Contact leader to confirm trip participation and campground information. Participants will be responsible for their own campsite reservations. Trip will only run with a minimum confirmed group. Leader: Paul Serdiuk, 609-462-3593 evenings only or pis1@cccnj.net

SEPTEMBER 17

Saturday
10:00 am

MOORESTOWN LIBRARY TO STRAWBRIDGE LAKE HIKE. 5 miles, easy to moderate pace. We start at the Moorestown Library and head to Strawbridge Lake and Waterwork woods. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

SEPTEMBER 21

Wednesday
9:00 am



CANOE / KAYAK TOMS RIVER. Follow the route of the Annual Toms River Canoe Race without the competition. Ten miles of changing scenery and river conditions from park and forest to open bay and river. Contact leaders to confirm participation. We will meet at Friendly's on Rt. 37, just past mile post 4, on the East bound side. Come early and join us for breakfast. Bring six quarters for the parking meter at the take out. Joe Logan, 609-634-1542, or mayandpops@aol.com

SEPTEMBER 22

Thursday
6:30 pm

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Check website, as always, for last minute cancellations. See September 1 listing for details. Leader: Joe Rottinger, 856-665-4812 or pennsauken@earthlink.net

SEPTEMBER 23

Friday
7:00 pm



FRIDAY NIGHT FITNESS HIKE. 8-10 miles, fast pace. See September 2 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

SEPTEMBER 24

Saturday
9:00 am

CANOE / KAYAK TOMS RIVER. Follow the route of the Annual Toms River Canoe Race without the competition. Ten miles of changing scenery and river conditions from park and forest to open bay and river. Contact leaders to confirm participation. We will meet at Friendly's on Rt. 37, just past mile post 4, on the East bound side. Come early and join us for breakfast. Bring six quarters for the parking meter at the take out. Joe Logan, 609-634-1542, or mayandpops@aol.com

SEPTEMBER 24Saturday
9:30 am

CANOE THE DELAWARE RIVER - FRENCHTOWN TO BULLS ISLAND. Meeting at Kingwood Access located on Rt. 29 near Frenchtown, NJ. Prefer some whitewater exp. Class 1 to poss. 2 rapids. Easy staircase. Must hear lecture and wear pfd, or hear me sing Elvis entire trip. No rentals. Must Call Leader between 6 to 10 pm evenings or Sat- No Last Minute calls or e-Mails. Leader: Harry Barok, 985-6172 or Harrykaraoke7@aol.com

SEPTEMBER 24Saturday
10:00 am

SONG BIRD TRAIL – 5 mile. Moderate hike at the Edwin B. Forsythe National Wildlife Refuge. Bring lunch to eat at the picnic tables after the hike. The Refuge is located at end of Great Creek Road off of Rt. 9 in Galloway, NJ. Rain cancels. Leader: Rosemarie Mason E- Mail: romason@comcast.net Phone: 609-404-9587.

SEPTEMBER 24Saturday
10:00 am

FRANKLIN PARKER PRESERVE. Distance: @11 miles. Pace: Moderate Hike Conditions: Should be dry. Normal stops. Well-behaved pets OK. NC.Description: We will hike the preserve on both sides of Rt. 563. We will pass the cars after @ 3.5 miles on the East side, so you can drop out at that point. The rest of us will continue on to the West side for another 7.5 miles. This is an interesting view of formerly active bogs reverting back to Mother Nature. Dress for walking in mostly open areas. Meeting place: Meet at the gate to the preserve, 2.8 miles south of Chatsworth on Rt 563. George Galcik, 856-783-8329, georgegalcik@comcast.net

SEPTEMBER 26Monday
10:00 am

YELLOW TRAIL HIKE. 5 miles, moderate pace. Meet at the Atsion Ranger's Station. Rain or bad weather cancels. Leader: Rose Barranger, 856-589-6807, rhosa129@yahoo.com

SEPTEMBER 28Wednesday
10:00 am
(See optional start)

TENTH ANNUAL PHILA. WALK. 10-11 miles, moderate pace (3mph). We will pass through historic sites, through interesting neighborhoods along the Delaware and Schuylkill Rivers. If permitted we will "walk" the 1/4 mile track at Franklin Field, continue through the Univ. of Penna., Drexel, up to the Art Museum and then return. We always attempt to do something a bit different. Since the hike is circular, there are many locations where one may leave the hike after advising a leader. Meet at the Visitor Center in Philadelphia. (NE Corner and Market St.). Suggest using PATCO hi-speed line. Many of us will meet at the Woodcrest Station at 9:00. NP. OPTIONAL START. Meet at the Woodcrest Station at 8:00. We will go to Camden (2nd stop) and walk across the bridge to the scheduled start. Distance approximately additional 2 miles. Great views of Phila. and enjoyed last year. Leaders: Joe Hummel, 856-235-8817 and Bill Poulson, 856-983-7609.

SEPTEMBER 29Thursday
6:30 pm

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Check website, as always, for last minute cancellations. See September 1 listing for details. Leader: Joe Rottinger, 856-665-4812 or pennsauken@earthlink.net

SEPTEMBER 30Friday
7:00 pm

FRIDAY NIGHT FITNESS HIKE. 8-10 miles, fast pace. See September 2 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike

Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com,
alison@mikebaker.com

**SEPTEMBER 30
- OCTOBER 2**
*(Friday night to
Sunday)*

CAMPOVER AT BELLEPLAIN STATE PARK - OCSJ PICNIC. Camping for Friday and Saturday night associated to the October 1st Club Picnic. Register in advance to join in on one of our campsites or book your own site near site 120 in the CCC Camping Area. They also have Lean-to's and Yurts in the Meisle Field camp area nearby! Bring your own camping food, and something to share at the site. Camp, socialize, picnic and attend events on Saturday. Tom Neigel, 609-206-3389.
tomncenter-ocsj@yahoo.com

OCTOBER 1
Saturday
10:00 am



BELLEPLAIN FOREST BEGINNERS HIKE. 7 miles, moderate pace. This is a great hike at a moderate pace with a rich variety of habitats: Atlantic white cedar and mixed hardwood swamps, oak-hickory forest, old fields, and freshwater lakes, with a possible view of Bald Eagles. Meet at the Picnic Pavilion adjacent to the Lake Parking Lot at Belleplain State Forest off of Route 550 at 10:00 a.m., between Woodbine and Belleplain. (DMS 39 14 36.85 N 74 50 58.29" W) (www.nj.gov/dep/parksandforests/parks/belle.html). (NC/NP. Bring lunch and water. Really bad weather cancels. Call day of hike or check website (www.ocsj.org) to confirm. Leader: Scott Eves, 609-805-1463, Please e-mail me for directions at: cscotteves@gmail.com

OCTOBER 1
10:00 am to
3:00 pm

OCSJ CLUB PICNIC AT BELLEPLAIN STATE PARK. Meet at the Picnic Pavilion adjacent to the lake parking lot. Dogs/Burgers and Refreshments provided at the covered pavilion. Come out and meet members, trip leaders, and board members. Learn about gear and equipment. Socialize, tailgate, and have fun. Look for individual activity listings as well. Contact Tom Neigel, at 609-206-3389, tomncenter-ocsj@yahoo.com Or, the individual trip leaders.

OCTOBER 2
Sunday
10:00 am

SONG OF THE PITCHER PLANT PADDLE ON OSWEGO RIVER. We meet at Oswego Lake Put-In. Volunteer shuttle. Pack Lunch. Call or e-mail to confirm. Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com



SAVE THE DATE!
Saturday, December 3, 2011
ANNUAL HOLIDAY PARTY

at the Maple Shade Club 25

This event is a perennial sell out.

Deadline for reservations is November 24.

Look for details in the Fall issue of TREKKER!



OUTDOOR CLUB OF SOUTH JERSEY
P.O. BOX 455
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**TREKKER
SUMMER 2011**



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